



# Shikellamy Youth Football and Cheerleading Inc

P.O. Box 355, Sunbury, PA 17801-0355

## Physical Form

Name \_\_\_\_\_ Grade in Fall \_\_\_\_\_

Date of Physical \_\_\_\_/\_\_\_\_/\_\_\_\_ Participates in (circle one): Football Cheerleading

Height \_\_\_\_\_ Weight \_\_\_\_\_ lbs. Pulse \_\_\_\_\_ BP \_\_\_\_\_/\_\_\_\_\_

### **Physical Findings:**

EXAMINATION	NORMAL	ABNORMAL	COMMENTS
HEAD			
EYES			
NOSE			
THROAT			
EARS			
NECK			
LUNGS			
HEART			
ABDOMEN			
G-U			
SKIN			
CHEST CONTOUR			
SPINE			
NEUROLOGICAL			
MATURATION			
FLEXIBILITY			
EXTREMITIES			

### **Physician's Statement:**

In my opinion, the above named:

1. **May** \_\_\_\_\_ **May Not** \_\_\_\_\_ participate in the Shikellamy Youth Football and Cheerleading League for the \_\_\_\_\_ season.

(Or)

2. May participate in the Shikellamy Youth Football League for the \_\_\_\_\_ season with the following limitations or restrictions:

\_\_\_\_\_  
\_\_\_\_\_

Disapproval reason and comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date